I. Rotation Description
We are fortunate to be part of a revolutionary age in medicine, particularly Osteopathic Medicine, in which we further our knowledge of not only origins of diseases but the complexity of human beings daily. A tremendous part of this new understanding involves the essence of the human condition, the mind. Although we understand more about the physiology and chemistry of the brain than ever before, we increasingly recognize it as more than a reductionist sum of its individual parts. Rather, it is a never-ending frontier of medical research and discovery. We as osteopathic physicians continue to view our patients as just that, not an accumulation of ailments or symptoms, and through our philosophy of the interaction of mind, body and spirit, we attempt to understand the patient, not just the disease. Neuropsychiatry must also be understood within this context as it serves a crucial role in healthcare. As a department it is our mission to improve healthcare in general and especially to strive for improvement of mental health care, which often plays a vital role in the overall functioning of the patient. We encourage this mission through increasing community awareness, support of continuing education and practice initiatives for our diverse clinical faculty, and most importantly by passing on our passion for discovery and knowledge to future generations of osteopathic physicians.

Our faculty is comprised of leaders in the field of mental health from diverse backgrounds and skills. They are all actively engaged in clinical practice as well as teaching and are uniquely dedicated to the concept of education in medicine. Many are researchers and have contributed to our profession and scientific understanding of psychiatric conditions greatly.
The exposure to the psychiatry clinical rotation is where many students will choose Psychiatry as a future practice. In addition, the knowledge gained from the psychiatry rotation is essential to the practice of primary care. Primary care physicians must learn to recognize and provide timely referral of psychiatric disorders and to co-manage psychiatric patients who have addition medical conditions.

During the core rotation in psychiatry, the student will learn through many resources, including but not limited to clinical patient exposure, preceptor mentoring, completion of the on-line case based curriculum for the rotation, and clinical conferences. Students are expected to complete their assignments for both the psychiatry and the longitudinal OMM course. Students will be exposed to a wide variety of clinical settings in which the practice of psychiatry occurs including inpatient, outpatient, emergency and consultation settings. Each site may expose students to different areas; however, basic knowledge of all areas should be attained. Students should review their specific site instructions for a more detailed description of their specific practice setting.

II. Course Goals and Objectives

A. Goals of the Course

- To acquire the knowledge, skills and competencies that are required to evaluate and treat patients with acute and chronic mental illnesses also considering the social and spiritual aspects of the patient.
- To develop the ability to research psychiatric medical literature and scientific resources for information that affects the patient’s condition, treatment and outcomes and the ability to evaluate and apply scientifically valid information to maximize the outcome of the patient.
- To gain a solid base of psychiatric pharmacology and the uses of medication in treating psychiatric mental illnesses.
- To gain an understanding of basic psychotherapeutic principles and their clinical uses in treating patients with psychiatric disorders.
- To learn through many resources, including but not limited to, clinical patient exposure, preceptor mentoring, completion of the on-line case based curriculum for the rotation, and clinical conferences.

B. Clinical Performance Objectives

While the end-of-rotation exam is derived from the didactic curriculum and objectives described above in the “Clinical Modules – Required Curriculum” section, the end-of-rotation evaluation completed by your family medicine preceptor is based on clinical core competencies. These core competencies reflect student performance in 6 key areas: communication, problem solving, clinical skills, medical knowledge, osteopathic medicine and professional and ethical considerations. Your end-of-rotation evaluation from your preceptor will be based directly on your performance in these 6 core competencies as described below.

1. Communication - the student should demonstrate the following clinical communication skills:
   a. Effective listening to patient, family, peers, and healthcare team
   b. Demonstrates compassion and respect in patient communications
   c. Effective investigation of chief complaint, medical and psychosocial history specific to the rotation
   d. Considers whole patient: social, spiritual & cultural concerns
   e. Efficiently prioritizes essential from non-essential information
   f. Assures patient understands instructions, consents & medications
   g. Presents cases in an accurate, concise, well organized manner
2. **Problem Solving** – the student should demonstrate the following problem solving skills:
   a. Identify important questions and separate data in organized fashion organizing positives & negatives
   b. Discern major from minor patient problems
   c. Formulate a differential while identifying the most common diagnoses
   d. Identify indications for & apply findings from the most common radiographic and diagnostic tests
   e. Identify correct management plan considering contraindications & interaction

3. **Clinical Skills** - the student should demonstrate the following problem solving skills:
   a. Assesses vital signs & triage patient according to degree of illness
   b. Perform good auscultory, palpatory & visual skills
   c. Perform a thorough physical exam pertinent to the rotation

4. **Osteopathic Manipulative Medicine** - the student should demonstrate the following skills in regards to osteopathic manipulative medicine
   a. Apply osteopathic manipulative medicine successfully when appropriate
   b. Perform and document a thorough musculoskeletal exam
   c. Utilize palpatory skills to accurately discern physical changes that occur with various clinical disorders
   d. Apply osteopathic manipulative treatments successfully

5. **Medical Knowledge** – the student should demonstrate the following in regards to medical knowledge
   a. Identify & correlate anatomy, pathology and pathophysiology related to most disease processes
   b. Demonstrate characteristics of a self-motivated learner including demonstrating interest and enthusiasm about patient cases and research of the literature
   c. Are thorough & knowledgeable in researching evidence based literature
   d. Actively seek feedback from preceptor on areas for improvement
   e. Correlate symptoms & signs with most common disease

6. **Professional and Ethical Behaviors** - the student should demonstrate the following professional and ethical behaviors and skills:
   a. Is dutiful, arrives on time & stays until all tasks are complete
   b. Consistently follows through on patient care responsibilities
   c. Accepts & readily responds to feedback, is not resistant to advice
   d. Assures professionalism in relationships with patients, staff, & peers
   e. Displays integrity & honesty in medical ability and documentation
   f. Acknowledges errors, seeks to correct errors appropriately
   g. Is well prepared for and seeks to provide high quality patient care
   h. Identifies the importance to care for underserved populations in a non-judgmental & altruistic manner

### III. Rotation Design

**A. Educational Modules**

Educational modules using lectures, cases, and other forms of delivery are used for third year curriculum. Each student must complete a post-rotation exam to assure that the expected basic content or medical knowledge has been acquired during the rotation. In addition to the experiences received in the clinical training sites, students are expected to read the content of the assigned textbooks and online materials in order to complete the entire curriculum assigned for the clinical module.
B. Formative Evaluation

Student competency based rating forms are used by the preceptor to evaluate each student’s clinical skills and the application of medical knowledge in the clinical setting. These forms are only completed by the clinical faculty member or preceptor. Performance on rotations will be evaluated by the primary clinical faculty member precepting the student. VCOM uses a competency based evaluation form which includes the osteopathic core competencies. These competencies evaluated include:

a. Medical knowledge;
b. Communication;
c. Physical exam skills;
d. Problem solving and clinical decision making;
e. Professionalism and ethics;
f. Osteopathic specific competencies; and
g. Additional VCOM values.

Student competency is judged on clinical skill performance. Each skill is rated as to how often the student performs the skill appropriately (i.e. unacceptable, below expectation, meets expectation, above expectation, exceptional).

C. Procedure Log

Students are required to maintain a log to identify the procedures performed, and the number of essential patient encounters. The faculty member will verify the information at the end of the rotation either online using a password signature, or by signing the log.

IV. Credits

5 credit hours

V. Course Texts

A. Required Textbooks


B. Recommended Textbooks


VI. Course Grading and Requirements for Successful Completion

A. Requirements

- Attendance according to VCOM and preceptor requirements as defined in the [College Catalog and Student Handbook](#).
- Following the format for study found in the Clinical Modules section below, which includes completing the reading and case review assignments in each section.
- Completion of all Clinical Modules in the required curriculum.
  - There are 11 clinical cases which are associated with objectives for the Clinical Modules. Each case covers one or more areas of major psychiatric illnesses and is designed for interactive learning where the student can receive feedback as they attempt to answer questions about the case. The cases can be found in the portal. Students are encouraged to study cases as the progress through their clinical rotation in order to cover a variety of clinical scenarios and disorders that may or may not be available at any one site at a given time. Through standardized case scenarios, students should gain
exposure to a wide variety of clinical disorders and symptoms regardless of individual case availability on their rotation.

- In the clinical case curriculum, the medical student should approach the cases using the following plan:
  - Complete the case, answering appropriate integrated questions and reviewing explanations of correct responses.
  - Review the chapter of the required text regarding the group or class of the disorder,
  - Incorporate case findings and questions in day to day clinical experience and clarify questions with your preceptor/teachers on the clinical rotation.
  - Review information in the case with your preceptor if you have questions regarding the information or its clinical application.

- Procedure Log:
  - Please submit completed procedure logs electronically on the VCOM Portal by the last day of the rotation.
  - Please print out a copy of the procedure log.
  - During the rotation, keep track of the number of each procedures you perform or witness.
  - At the end of the rotation, your preceptor must review and sign the procedure log.
  - Input the number of each procedure into the electronic log on the Portal once rotation has been completed. Please see the website at: www.vcom.edu/sites/default/files/clinical/files/On-line%20Procedure%20Logs%20Instructions.pdf for instructions. Note: Once this information is submitted, you cannot re-enter the log on the Portal.
  - Keep the signed paper copy for your records. (It does not need to be turned into the site coordinator or VCOM.)

- Rotation Evaluations:
  - Student Site Evaluation: Students must complete and submit at the end of rotation. See the VCOM website at: http://intranet.vcom.vt.edu/clinical/Login/index.cfm?fuseaction=LoginInfo&LoginPage=ViewStudentSchedule to access the evaluation form.
  - Third-Year Preceptor Evaluation: It is the student's responsibility to ensure that all clinical evaluation forms are completed and submitted online or turned in to the Site Coordinator or the Clinical Affairs Office at the completion of each rotation. Students should inform the Clinical Affairs Office of any difficulty in obtaining an evaluation by the preceptor at the end of that rotation. See the VCOM website at: www.vcom.edu/academics/clinical-forms to access the evaluation form.
  - Mid-Rotation Evaluation: The mid-rotation evaluation form is not required but highly recommended. See the VCOM website at: www.vcom.edu/academics/clinical-forms to access the mid-rotation evaluation form.

- Successful completion of the end-of-rotation written exam. The end-of-rotation exam questions will be derived directly from the specific objectives presented in each of the below modules.
B. Grading

Students must pass both the "module" and "rotation" portions of the course. All rotations have a clinical rotation grade and clinical modules/exam grade. The clinical rotation grade uses the Honors, High Pass, Pass, Fail system; these grades are not calculated in the GPA. The rotation modules are assigned an exam grade.

<table>
<thead>
<tr>
<th>Exam Grades</th>
<th>Clinical Rotation Grades</th>
<th>Other Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>90-100</td>
<td>H</td>
</tr>
<tr>
<td>B+</td>
<td>85-89</td>
<td>HP</td>
</tr>
<tr>
<td>B</td>
<td>80-84</td>
<td>P</td>
</tr>
<tr>
<td>C+</td>
<td>75-79</td>
<td>F</td>
</tr>
<tr>
<td>C</td>
<td>70-74</td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>&lt;70</td>
<td></td>
</tr>
</tbody>
</table>

B. Remediation

Students who fail one or more rotations or one or more end-of-rotation exams twice will be referred to the Promotion Board. If a student fails the professionalism and ethics portion of the evaluation he or she may be removed from the rotation and referred to the Professionalism and Ethics Standards Board. No grade will be changed unless the Office of Clinical Affairs certifies to the Registrar, in writing, that an error occurred or that the remediation results in a grade change.

- **Failure of an End-of-Rotation Exam**
  Students must pass each end of rotation exam with a C (70%) or better to receive a passing grade for the clinical medical knowledge module. Students who fail an end of rotation exam but pass the clinical rotation evaluation component have a second opportunity to pass the exam within 30 days of notification. If the student passes the remediation exam, the remediated exam grade will be the grade recorded on the transcript and be GPA accountable. If the student fails the second attempt at the end-of-rotation exam, an F is recorded for the exam grade, and the student will be brought before the Promotion Board.

- **Failure of a Rotation**
  The student who does not receive a satisfactory evaluation for a clinical rotation in the second semester will receive a failing grade for the rotation and will be brought before the Promotion Board. If the student is allowed to repeat the rotation, all components of the rotation must be repeated. In this case, the “F” grade remains the permanent grade for the first rotation and the student will receive a new grade for the repeated rotation. The grade will be recorded in a manner that designates that it is a repeated rotation (eg. R-pass).

- **Failure to Make Academic Progress**
  Repeated poor a failing performance in a specific competency area on the evaluation form across more than one rotation may also be a reason for a required remediation at the discretion of the Associate Dean for Clinical Affairs in consultation with the clinical chair and the preceptor, and the Promotion Board. In general, rotations should show a progression of improvement in clinical performance. Those students who continually score in the "unsatisfactory" category or repeated "performs some of the time, but needs improvement" and who do not improve over time may be deemed as not making academic progress and, as a result, may be referred to the Promotion Board and be required to complete additional curriculum.
Poor ratings on the clinical rotation evaluation in the professional and ethical areas of the assessment are addressed by the Associate Dean for Clinical Affairs. The Associate Dean may design a remediation appropriate to correct the behavior or if needed may refer the student to the Professionalism and Ethics Board. In the case of repeated concerns in a professional and/or ethical area, the Associate Dean for Clinical Affairs may refer the student to the Campus Dean for a Behavioral Board or Promotion Board hearing. The Campus Dean will act upon this referral depending on the severity and the area of the performance measure. Poor ratings in this area will include comments as to the exact nature of the rating.

VII. Academic Expectations
Grading policies, academic progress, and graduation requirements may be found in the College Catalog and Student Handbook at: http://www.vcom.edu/handbooks/catalog/index.html

A. Attendance
Attendance for all clinical rotations is mandatory. Students are required to work a minimum of 20 days in a four week rotation period but should not work greater than 12 out of every 14 days or more than 12 hours daily exclusive of call assignments. Students may be required to work up to 24 days in a 4 week period or 25 days in a one month rotation including call and weekends at the discretion of the clinical faculty member providing the educational experience. For those rotations consisting of shift work such as Emergency Medicine or Hospitalist services, students should work a minimum of 160 and up to 200 hours for the month as required by the clinical site.

It should be noted that preceptors will have final determination of the distribution of hours, which may vary from this policy but should not in general be less than 160 hours.

Students must complete an Excused Absence Clinical Rotations Approval form. Forms are available at: www.vcom.edu/academics/clinical-forms. The Office of Clinical Affairs requires that the medical student complete and submit this form for any time "away" from clinical rotations. The student must have this form signed by their preceptor and others designated on the form to obtain an excused absence. The form must be completed prior to the beginning of the leave. If an emergency does not allow the student to submit this prior to the absence, the “Excused Absence Clinical Rotations Approval” form must be submitted as soon as the student is physically able to complete the form. In addition to completion of the form, students must contact the Department of Clinical Affairs by 8:00 AM of the day they will be absent due to an illness or emergency and contact the Site Coordinator and preceptor(s). No excused absence will be granted after the fact except in emergencies as verified by the Associate Dean for Clinical Affairs. Regardless of an excused absence, students must complete a minimum of 160 hours.

OMS 3 students who have any unexcused absences will be referred to the Promotion Board and/or Professional and Ethics Standards Board as determined by the Associate Dean. Clinical site coordinators and preceptors document attendance on the student’s rotation evaluation form. This information is reviewed by the Director of 3rd Year Clinical Rotations and the Associate Dean for Clinical Affairs.

A student is expected to arrive on time to all clinical rotations. If a student is late, he or she must notify the site coordinator and the preceptor prior to or at the time they are scheduled arrive. Students must have a reason for being late such as illness or vehicle issues and it is not anticipated that this would occur more than one occasion AND it is important the student call in prior to being late. Repeated tardiness is a reason for a referral to the Promotion Board and/or Professional and Ethics Standards Board as determined by the Associate Dean.
Any time missed must be remediated during the course of the month for credit to be issued. Students may remediate up to four missed days or 48 hours missed during any rotation period by working on normal days off.

VIII. Professionalism and Ethics
It is advised that students review and adhere to all behavioral policies including attendance, plagiarism, dress code, and other aspects of professionalism. Behavioral policies may be found in the College Catalog and Student Handbook at: http://www.vcom.edu/handbooks/catalog/index.html

A. VCOM Honor Code
The VCOM Honor Code is based on the fundamental belief that every student is worthy of trust and that trusting a student is an integral component in making them worthy of trust. Consistent with honor code policy, by beginning this exam, I certify that I have neither given nor received any unauthorized assistance on this assignment, where “unauthorized assistance” is as defined by the Honor Code Committee. By beginning and submitting this exam, I am confirming adherence to the VCOM Honor Code. A full description of the VCOM Honor Code can be found in the College Catalog and Student Handbook at: http://www.vcom.edu/handbooks/catalog/index.html

IX. Clinical Modules

1. Mental Status Exam and Diagnosis
   Reading Assignment: Textbook of Psychiatry, Chapters 1 and 2
   PowerPoint Presentation: Patient Communication
   VCOMTV:
   - Exam of the Patient with Psychiatric Complaints
   - Mental Status Exam 1
   - Mental Status Exam and Objective Cognitive Assessment II
   Additional Required Learning Material:
   - Mental Status Exam Study Guide
   - Examination of the Patient with Psychiatric Complaints

   Learning Objectives:
   i. The student will understand the clinical significance, mechanics and relevance of the mental status exam and its application to diagnosis of psychiatric illnesses in the DSMV TR format including the following:
      a. Identify the components of a mental status exam.
      b. Be able to utilize and discuss appropriate utilization of the mental status exam.
      c. Discuss use of the Diagnostic and Statistical Manual in psychiatric diagnosis.
      d. Identify the concepts and method of psychiatric diagnosis as outlined in DSMVTR.
      e. Identify the components of and discuss the significance/use of each DSMVTR axis in patient diagnosis.

2. Psychiatric Emergencies
   Reading Assignment: Textbook of Psychiatry, Chapters 18
   PowerPoint Presentation: Emergency Psychiatry
   Online Case: Online Case G
   VCOMTV: Psychiatric Emergencies, Suicide and Violence in the Medical Setting

   Learning Objectives:
   i. The student will recognize the signs and symptoms of, know the assessment of and differential for, symptoms of psychiatric emergencies including immediate management and appropriate referral of patients, including the following:
      a. Identify and manage those at increased risk of suicide.
b. Formulate a differential of general medical causes for hallucinations, delusions, confusion, altered consciousness, and violent behavior.

c. Recognize the signs and symptoms of common psychopharmacologic emergencies:
   1. lithium toxicity,
   2. neuroleptic malignant syndrome,
   3. anticholinergic delirium, and
   4. MAOI related to Hypertensive crisis.

d. Identify the components of clinical assessment, differential, and stabilization of a person with violent, agitated, combative, or assaultive behavior due to psychiatric illness.

e. Describe the signs, symptoms, differential, and management of Acute Psychosis.

f. Describe the psychiatric problems seen in battered women, adult and child abuse victims and know reporting requirements regarding abuse and neglect.

g. Identify the indications for psychiatric hospitalization.

h. Identify the procedures for establishing medical or psychiatric stability and appropriate admission.

i. Summarize the process of psychiatric admission as it relates to:
   1. Involuntary versus voluntary commitment.
   2. The rules of involuntary commitment, civil commitment, and the role of the physician.

3. Neurocognitive Disorders

Reading Assignment: Textbook of Psychiatry, Chapter 16

PowerPoint Presentation: The Cognitive Disorders

Online Cases: Online Cases B, C, and D

VCOMTV: Cognitive Disorders

Learning Objectives:

i. The student will recognize the signs and symptoms of brain disease of known etiology or pathophysiology and will identify the evaluation and management of a patient with the following neuropsychiatric disorders:
   a. Identify the clinical features, differential diagnosis and emergent conditions associated with acute delirium.
   b. Discuss the prevalence of delirium in elderly hospitalized patients.
   c. Identify the epidemiology, the clinical features of, and the course for psychiatric manifestations of neurocognitive disorders due to the following:
      1. Alzheimer’s disease
      2. Vascular disease
      3. Substance induced syndromes, including Alcohol
      4. Parkinson’s disease
      5. HIV/AIDS
   d. Summarize the medical evaluation and clinical management of a patient with mild or major neurocognitive disorder and be able to differentiate both.
   e. Identify the possible neuropsychiatric manifestations of patients with:
      1. Seizure disorder
      2. Stroke
      3. Head injury
4. Substance Related and Addictive Disorders
   Reading Assignment: Textbook of Psychiatry, Chapter 15
   Online Cases: Online Cases H, I, and O
   VCOMTV:
   - Dual Diagnosis, Substance Abuse and Psychiatric Co-Morbidity
   - Addiction Screening with Audit, NIAA and CRAFFT
   - Addiction Screening Using Motivational Interviewing
   - Alcoholism, Diagnosis and Behavioral Change

Learning Objectives:
   i. The student will identify, clinically evaluate and manage the neuropsychiatric consequences of
      substance abuse disorders, including:
      a. Identifying the historical and clinical features of substance abuse and dependence
         (including denial)
      b. Discussing the epidemiology of substance abuse
      c. Identifying the dangers of co morbid disorders (psychiatric and substance abuse)
      d. Listing the questions that compose CAGE and other screening instruments
      e. Discussing the genetic neurobiological and psychosocial etiologies of alcoholism
      f. Describing the clinical features of intoxication and management of withdrawal from the
         following: cocaine, amphetamines, hallucinogens, cannabis, phencyclidine, barbiturates,
         opiates, caffeine, nicotine, benzodiazepines, and alcohol.
      g. Stating accepted guidelines for prescribing benzodiazepines and narcotics.

5. Schizophrenia Spectrum and Other Psychotic Disorders
   Reading Assignment: Textbook of Psychiatry, Chapter 5
   Online Case: Online Case J
   VCOMTV: Psychotic Disorders

Learning Objectives:
   i. The student will recognize, evaluate, and manage persons with psychosis associated with
      schizophrenic, affective, general medical, and other psychotic disorders incorporating the following:
      a. Define psychosis and the differential diagnosis for psychotic symptoms
      b. Describe the genetic, neurobiological and environmental theories of etiology of
         schizophrenia
      c. Describe the epidemiology of psychotic disorders
      d. Summarize the treatment of schizophrenia spectrum and other psychotic disorders,
         including both pharmacologic and psychosocial interventions.
      e. List the features that differentiate:
         1. Brief Psychotic Disorder
         2. Delusional Disorder
         3. Schizophreniform Disorder
         4. Schizophrenia
         5. Schizoaffective Disorder

6. Mood Disorders
   Reading Assignment: Textbook of Psychiatry, Chapter 6
   PowerPoint Presentations:
   - Affective Disorders
   - ECT
   Online Case: Online Case Q
   VCOMTV: Mood Disorders: Depression - Diagnosis and Treatment I and II

Learning Objectives:
   i. The student will recognize and describe the following as they pertain to the treatment of patients
      with mood disorders:
a. Discuss the evidence for neurobiological, genetic, psychological, and environmental etiologies of mood disorders.
b. Know the epidemiologic, prevalence rate, and lifetime risks of mood disorders
c. Describe the criteria for depressive, hypomanic and manic episodes
d. Identify the etiology, the management and prognosis of major depression with or without:
   1. Melancholic features,
   2. Psychotic features,
   3. Atypical features,
   4. Catatonic features,
   5. Seasonal patterns, and
   6. Postpartum onset.
e. Describe the prevalence of major depression in patients with general medical-surgical illness (acute MI, diabetes, CVA, hip fracture, CV surgery) and the impact on morbidity and mortality
f. Outline the clinical features of, diagnosis, and management of
   1. Persistent Depressive Disorder (Dysthymia)
   2. Premenstrual Dysphoric Disorder
   3. Major Depressive Disorder
   4. Bipolar Disorder

7. Anxiety Disorders
   Reading Assignment: Textbook of Psychiatry, Chapter 7
   Online Case: Online Case P
   VCOMTV: Anxiety Disorders and Phobias
   Learning Objectives:
   i. The student will recognize and describe the following as they relate to the evaluation and management of patients with anxiety disorders:
      a. Describe the neurobiological, psychological, environmental, and genetic etiologies of anxiety disorder.
      b. Describe the clinical features of, diagnostic techniques, and management of the following anxiety disorders:
         1. Specific Phobia
         2. Social Anxiety Disorder
         3. Panic Disorder, including distinguishing panic attack from panic disorder
         4. Agoraphobia
         5. Generalized Anxiety Disorder
         6. Posttraumatic Stress Disorder
         7. Acute Stress Disorder
         8. Obsessive Compulsive Disorder
         9. Phobias (social, agoraphobia)
         10. Distinguished

8. Obsessive Compulsive and Related Disorders
   Reading Assignment: Textbook of Psychiatry, Chapter 9
   VCOMTV: Anxiety Disorders and Phobias
   Learning Objectives:
   i. The student will recognize and be able to describe the concepts of etiology, pathology and assessment of patients presenting with symptoms of Obsessive Compulsive Disorder and related diagnoses.
      a. Outline the DSMV diagnostic criteria for the following:
         1. Obsessive-Compulsive Disorder
2. Body Dysmorphic Disorder
3. Hoarding Disorder
4. Trichotillomania
5. Excoriation Disorder

b. Be able to discuss the general concepts and elements of management of the above diagnoses.

c. Discuss appropriate biological and psychological theories of the etiology and pathophysiology of the above diagnoses.

9. Trauma or Stress Related Disorders

Reading Assignment: Textbook of Psychiatry, Chapter 10

VCOMTV: Environmentally Mediated Disorders

Learning Objectives:

i. The student will recognize and understand concepts related to the etiology, symptom recognition and treatment of the trauma or stress related disorders.

a. Discuss generally accepted concepts of the environmental and physiological contributions to the development of trauma or stress related disorders.

b. Recognize DSM5 criteria for the diagnosis of the following disorders:
   1. Reactive Attachment Disorder
   2. Social Engagement Disorder
   3. Posttraumatic Stress Disorder
   4. Acute Stress Disorder
   5. Adjustment Disorders

c. Be able to recognize and discuss appropriate management strategies for the above diagnoses.

d. Discuss prevention and early intervention strategies for minimization of morbidity associated with traumatic experiences.

10. Somatoform Symptom Disorders and Dissociative Disorders

Reading Assignment: Textbook of Psychiatry, Chapters 8 and 18

VCOMTV: Somatoform/Factitious Disorders and Malingering

Learning Objectives:

i. The student will recognize and be able to incorporate general DSM5 concepts and criterial in the assessment and management of patients with the following somatic symptoms and dissociative disorders:

a. Recognize DSM5 criteria for the diagnosis of the following:
   1. Somatic Symptom Disorder
   2. Conversion Disorder (Functional Neurological Symptom Disorder)
   3. Illness Anxiety Disorder
   4. Psychological Factors Affecting Other Medical Conditions
   5. Factitious Disorder
   6. Malingering
   7. Dissociative Identity Disorder
   8. Dissociative Amnesia
   9. Depersonalization/Derealization Disorder

b. Be able to discuss the proposed etiology of the above disorders.

c. Be able to discuss appropriate treatment and management strategies for the above diagnoses including both pharmacological and other therapeutic modalities as indicated.
11. Dissoassociative Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 8
VCOMTV: Dissociative Disorders, Amnestic Disorders, Hallucination, Illusions, and Delusions
Learning Objectives:
  i. The student will be able to achieve the following objectives as they relate to the treatment of patients with dissociative disorders
    a. Recognize and be able to incorporate general DSM5 concepts and criteria in the assessment and management of patients with dissociative disorders, including the following diagnoses:
       1. Dissociative Identity Disorder
       2. Dissociative Amnesia
       3. Depersonalization/Derealization Disorder
    b. Describe the DSM5 clinical features of and characteristics of the above diagnoses.
    c. Discuss the proposed role of psychological trauma and neurophysiology in the development of dissociative disorders.
    d. Discuss appropriate treatments for Dissociative Disorders and the relative indications, potential benefits and risks of each including psychotherapeutic, pharmacologic and combinations of both.

12. Feeding and Eating Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 11
VCOMTV: Child and Adolescent Psychiatry I and II
Learning Objectives:
  i. The student will be able to achieve the following objectives as they relate to the treatment of feeding and eating disorders.
    a. Recognize and be able to discuss the etiology, diagnosis and management of the following disorders and syndromes:
       1. Pica
       2. Rumination Disorder
       3. Avoidant/Restrictive and Intake Disorder
       4. Bulimia Nervosa
       5. Binge Eating Disorder
       6. Anorexia Nervosa
    b. Discuss leading theoretical models of the development of eating disorders.
    c. Identify the primary care physician’s role in early recognition and prevention of eating disorders.
    d. List the medical complications and indications for hospitalization for patients with eating disorders.

13. Personality Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 17
VCOMTV: Understanding Personality Disorders
Learning Objectives:
  i. The student will achieve the following objectives as they pertain to the etiology, diagnosis and management of patients with pathological personality structure or disorders:
    a. Describe the DSM5 theoretical models of personality disorders including trait and dimensional models.
    b. Identify proposed neurobiological, genetic, developmental, behavioral and sociological factors which affect the development of personality disorders.
    c. Recognize general medical and other psychiatric disorders that may present with personality changes and may be confused with personality disorders.
14. Child Psychiatry and Neurodevelopmental Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 4, 9, 7, and 14
VCOMTV: Child and Adolescent Psychiatry I and II
Learning Objectives:
   i. The student will describe the process and indications for the psychiatric evaluation of children and adolescents at different developmental stages, including the following:
      a. Describe common tests in psychometric evaluation
      b. Define the value of data from multiple sources, teachers, parents, other nonphysicians
      c. Describe the history, clinical findings, evaluation, and differential diagnosis for the following and the management of:
         1. Attention deficit hyperactivity disorder
         2. Conduct Disorder
         3. Anxiety Disorder
         4. Depression in children
         5. Suicide risk
         6. Mood disorders associated with physical or sexual abuse or neglect

15. Sleep-Wake Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 12
Learning Objectives:
   i. The student will be able to achieve the following objectives as they relate to the treatment of patients with abnormal sleep-wake cycle or sleep disorders:
      a. Recognize normal sleep and awake states of the brain and normal sleep architecture, including changes with aging.
      b. Obtain an accurate sleep history, evaluate for primary sleep disorders, and be familiar with typical sleep disturbances.
      c. Form a differential from the clinical signs and symptoms, evaluate and manage the primary sleep disorders, including insomnia, breathing related sleep disorders and parasomnias.

16. Disruptive, Impulse-Control and Conduct Disorders
Reading Assignment: Textbook of Psychiatry, Chapter 14
VCOMTV: Child and Adolescent Psychiatry I and II
Learning Objectives:
   i. The student will demonstrate understanding of the characteristics, clinical findings, and course, be able to describe the general diagnostic features, identify legal issues and risks surrounding treatment of, and be familiar with general guidelines which would dictate need for referral for each of the following diagnoses:
      a. Oppositional Defiant Disorder
      b. Intermittent Explosive Disorder
      c. Conduct Disorder
      d. Pyromania
      e. Kleptomania

17. Sexual Dysfunction, Gender Dysphoria and Paraphilias
Reading Assignment: Textbook of Psychiatry, Chapter 13
Learning Objectives:
   i. The student will show familiarity and knowledge of the normal human sexual response and associated dysfunctions by demonstrating the following:
      a. Discussing physiological and psychological aspects of normal human sexual behavior and the clinical characteristics of sexual abnormalities, including the following diagnoses:
         1. Disorders of desire, excitement, and orgasm in both males and females
2. Gender Dysphoria
3. Paraphilic Disorders
   b. Discussing accepted treatment and management for the above diagnoses, including the risks and benefits of each.
   c. Identifying the normal components of the human sexual response cycle.
   d. Identifying and being familiar with potential treatment options for patients with sexual disorders, including pharmacological and psychotherapeutic treatments and combinations of both.
   e. Recognizing legal and ethical issues often encountered in the treatment of individuals with sexual disorders, including paraphilias and the physician’s responsibility related to each.

18. Geriatric Psychiatry
   Reading Assignment: Textbook of Psychiatry, Chapters 3 and 4
   Online Cases: Review Online Cases B, C, and D
   Learning Objectives:
   i. The student will achieve and discuss the following:
      a. Define the features of cognitive screening evaluation
      b. Describe the presentation and management of depression in the elderly
      c. Identify symptoms of normal aging vs. those of cognitive disorders.
      d. Discuss aspects of healthy aging as they pertain to cognitive and emotional health in later life.
      e. Describe the physician’s role in diagnosing, managing, and reporting elder abuse, including legal requirements for reporting of abuse and/or neglect.

19. Psychopharmacology
   Reading Assignment: Textbook of Psychiatry, Chapter 21
   Online Case: Online Case R
   Learning Objectives:
   i. The student will recognize and describe indications, pharmacokinetics, side effects, toxicity, drug interactions, and appropriate selection and use each of the following:
      a. Anxiolytics
      b. Antidepressants
      c. Antipsychotic
      d. Mood stabilizers
      e. Anticholinergic
      f. ECT and TMS

20. Psychotherapy (Behavioral, Cognitive and Psychodynamic Treatments)
   Reading Assignment: Textbook of Psychiatry, Chapter 20
   VCOMTV: Psychotherapy: Basic Schools and Framework
   Learning Objectives:
   i. The student will recognize and describe the indications for, the techniques of, and contraindications to the following:
      a. Psychodynamic therapy
      b. Psychoanalysis
      c. Cognitive and Behavioral Therapies (CBT, DBT, etc.)
      d. Group therapy
      e. Family therapy
      f. Psycho educational interventions
21. Legal Issues in Psychiatry
   Reading Assignment: Textbook of Psychiatry, Chapter 19
   PowerPoint Presentation: Capacity and Surrogate Decision Making
   VCOMTV: Capacity and Surrogate Decision-Making

Learning Objectives:
   i. The student will recognize and describe the indications for, the techniques of, and contraindications to the following:
      a. Recognize the following legal concepts/terms and their relevance to psychiatric practice.
      b. Health Accountability and Portability Act (HIPPA)
      c. The Tarasoff rule
      d. Informed consent
      e. Medical malpractice and negligence
      f. Boundary violations
      g. Summarize the general procedure and concept of involuntary commitment including the following:
         1. General principles and laws affecting involuntary hospitalization
         2. The physician’s role in involuntary hospitalization
         3. Potential abuse of involuntary hospitalization and legal protections against it.
      h. Recognize and understand the involvement of psychiatrists in criminal proceedings including:
         1. Determination of competency to stand trial
         2. Criminal responsibility and the criminal retention system
         3. Mens rea and actus rea
         4. The M’Naghten standard

22. OMM and Psychiatry

   A. Psychoneuroimmunology – Basic Mechanisms
      Reading Assignment: Foundations of Osteopathic Medicine, Chapter 17: Psychoneuroimmunology – Basic Mechanisms, pp. 276-283
      Learning Objectives:
      i. Describe the response of the HPA axis and sympathetic nervous system to stressors.
      ii. Identify the common medical illnesses that are associated with an increased prevalence rate of depression.
      iii. Name the areas of the immune system that are affected by stressors.
      iv. Identify the common medical conditions that can present with psychiatric manifestations.

   B. Psychoneuroimmunology – Stress Management
      Reading Assignment: Foundations of Osteopathic Medicine, Chapter 18: Psychoneuroimmunology – Stress Management, pp. 284-297
      Learning Objectives:
      i. Name the four most common behavioral consequences of stress.
      ii. Identify the signs/symptoms of depression, anxiety, substance abuse and insomnia.
      iii. Identify the available treatment options for depression/anxiety/substance abuse and insomnia.
      iv. Discuss the concept of socialization resulting from depression/anxiety/substance abuse and insomnia.
      v. Describe how to interpret structural interview questions in relation to a particular psychiatric diagnosis.